

AMERICAN MUSEUM OF NATURAL HISTORY



March 30, 2009

Department of Education:

I hereby give my permission for my child _____ to participate in YouthCaN's Activity Day hike along the Hudson River from the George Washington Bridge.

Trip Schedule:

Date: Saturday, April 4, 2009

8:30 AM Central Park West steps of the American Museum of Natural History.
Travel by the C and the A trains to 175th Street/Port Authority Bus Terminal.

Hike across the George Washington Bridge to New Jersey, Hike north along the Palisades and down to Oss's Landing and North from there. Distance travelled will depend on the group and their speed of hiking and what we see. We will turn around at an appropriate time to make it back to the Manhattan side of the George Washington bridge on or near schedule.

4:30 PM Approximate arrival time back on the Manhattan side of the George Washington Bridge. Participants may head home from this point, or travel back to the Museum and head home from there.

Things to bring:

- a water bottle, (1.5 liters recommended)
- a lunch (No shops along the way, so you must bring your lunch and water with you)
- clothing for hiking in spring weather,
- long pants (poison ivy),
- camera and binoculars if you have them
- a backpack (for your lunch and equipment used during the day).

It is agreed by the undersigned that under no circumstances shall the Museum be liable in any way whatsoever for any injuries sustained during the said program, nor does the Museum accept any responsibility for such injuries or other harm which may arise therein.

Signature of Parent/Guardian

Date

Telephone Number

(Please sign and return this copy and keep a second copy for your records)

In case of inclement weather, call 646-334-0344 to see if the trip has been canceled.

Trail Map:

<http://www.njpalisades.org/map01.pdf>

Subway Map:

<http://www.mta.nyc.ny.us/nyct/maps/submap.htm>